

Product Specification Sheet

Product Name: Valerian Root Powder

Item	Specification	Test Method
Botanical Name	Valeriana officinalis	—
Part Used	Root	—
Appearance	Fine powder	Visual
Color	Light brown to brown	Visual
Odor	Characteristic, pungent	Organoleptic
Taste	Characteristic, bitter	Organoleptic
Particle Size	95% through 80 mesh	USP <786>
Bulk Density	0.3-0.6 g/mL	USP <616>
Loss on Drying	< 8.0%	USP <731>
Ash Content	< 10.0%	USP <281>
pH (1% solution)	4.0-7.0	USP <791>
Valerenic Acid	> 0.4%	HPLC
Heavy Metals	< 10 ppm	USP <232>
Lead (Pb)	< 2 ppm	USP <232>
Arsenic (As)	< 2 ppm	USP <232>
Cadmium (Cd)	< 1 ppm	USP <232>
Mercury (Hg)	< 0.1 ppm	USP <232>
Total Plate Count	< 10,000 CFU/g	USP <2021>
Yeast & Mold	< 1,000 CFU/g	USP <2021>
E. coli	Negative/10g	USP <2022>
Salmonella	Negative/25g	USP <2022>
Coliform	Negative/10g	USP <2022>
Staphylococcus aureus	Negative/10g	USP <2022>

Storage Conditions:

Store in a cool, dry place away from direct sunlight. Keep container tightly closed.

Shelf Life:

36 months from date of manufacture when stored properly

Date: March 22, 2025